

Philadelphia, CDC Quarantine Station Newsletter: (27 April - 3 May 2020)

Welcome to Philadelphia Quarantine Station's COVID-19 weekly newsletter. The purpose of this newsletter is to provide all our partners in the Tri-state area with the latest [CDC](#) guidance about the COVID-19 pandemic. COVID-19 is a respiratory infectious disease caused by the coronavirus [SARS-CoV-2](#), it is ranging from mild [symptoms](#) to severe disease.

Some people are at a higher risk of getting serious illness when they have COVID-19, [WHO](#). There is currently no vaccine to prevent COVID-19. The best way to prevent [COVID-19](#) is to avoid being exposed to the virus. The following guidelines help prevent and minimize the risk of getting infected by COVID-19 [WHO](#):

- Wash hands: for at least 20 seconds with soap and water frequently.
- Social distancing: maintaining at least 6 feet distance from people who are sick.
- Cover mouth and nose: with a mask or a cloth cover when around others.
- Clean: cleaning and disinfecting surfaces daily.

COVID-19, Numbers as of 4/27/2020:		
Location	Confirmed positive COVID-19 cases	Deaths due to COVID-19
Philadelphia	12,868	484
Pennsylvania	42,050	1,597
Delaware	4,162	128
New Jersey	111,188	6,044
Nationally	988,541	55,551



[Cases of COVID-19](#)
[Source: CDC](#)

Clusters of positive cases have been noted in congregate settings including nursing homes, behavioral health facilities and correctional facilities. The following links provide more information on the most recent daily updates about COVID-19 [Philadelphia](#), [Pennsylvania](#), [Delaware](#), [New Jersey](#).

COVID-19 Updates

- All partners: Please check the CDC's guidance on [Opening Up America Again](#).
- Airlines and Airlines Crew: continue to check the [CDC](#) for more guidance on COVID-19.
- Public health partners: more resources are available on this link: [Public Health Resources](#).
- Maritime operations: remember to look for the latest [CDC](#) guidance about COVID-19.
- Businesses: for the latest guidance on COVID-19 best practices please continue to check [CDC](#) guidance.
- Bus Transit operators: the following link [Bus Transit Operators](#) has more information on COVID-19 best practices.
- Infrastructure workers: [Infrastructure workers](#) link has the CDC Guidance for implementing safety practices for critical infrastructure workers who may have had exposure to a person with Suspected or Confirmed COVID-19

Remember to practice CDC's RING guidance

RECOGNIZE ILL TRAVELER

ISOLATE: separate ill person >6 feet from others

NOTIFY: if situation is life threatening call EMS, alert supervisor, call CDC quarantine station.

GIVE SUPPORT follow instructions of supervisor and CDC quarantine station staff.

[CDC Philadelphia Quarantine Station](#)
[Phone Number: \(215\) 365-6401](#)

RECOGNIZE ILL TRAVELER

Look, listen, or ask for signs and symptoms of illness. Alert supervisor or any traveler who:

- Says he or she has a **FEVER**

AND

- Reports having, or is observed with, **ONE or more** of the following conditions: Skin rash, persistent cough, difficulty breathing, persistent diarrhea, persistent vomiting, headache with stiff neck, new unexplained bruising or bleeding, decreased level consciousness or confusion of recent onset, appears obviously unwell.

COVID-19 Testing Information:

Philadelphia: [Testing](#) Pennsylvania: [COVID-19](#)
 Delaware: Call 866-408-1899, TTY at 7-1-1 email: HCall@Delaware.org
 South Jersey: njba.adlabscovidtest.com

More information at: www.cdc.gov [PA COVID-19](http://PA.COVID-19) www.who.org